

Notice to All Preliminary Screening for Covid-19 Safety

Please ask yourself all of the following questions. If you answer “yes” to any of them please be in touch to make plans for a telehealth consult, rather than come in person for treatment.

You have had a fever or any upper respiratory symptoms in last 7 days

Anyone in your home has had fever or upper respiratory symptoms in the last 7 days

You have been exposed to a confirmed Covid-19 positive person in last 14 days

You have traveled by air in the last 14 days

You are immune compromised

You have preexisting respiratory conditions

You are over 65 and have underlying health conditions

You have been experiencing a combination of muscle aches, sore throat, headache and chills.

Procedure for All Patients

Please fill out both forms if you are a new patient, or the Covid waiver if you are returning, and bring them to your first appointment, the forms are below on this home page.

You may want to schedule a telephone intake to take place prior to your visit. There are many more concerns for most of us during this time besides whatever symptoms you may want to address with acupuncture, thus having done our clinical intake by phone will permit me to prepare well irregardless of the stresses which may need attention and time to process when we are together in person.

Please arrive at your appointment time, not early and no more than 10 minutes late. Leave extra belongings in your car and just bring in your purse, wallet, keys, mask etc, necessities. For appointments at my home, come along the path on the south side of the house to the back door and knock, I will open both doors for you and show you to the handwashing area in the kitchen. Do your best to not touch door handles or furnishings as you pass through the house, know that I will open and close doors and keep surfaces cleaned. For treatments at the studio, knock at the door of the suite and I'll give you the key to the bathrooms down the hall for your handwashing.

Together we can make good things happen and stay safe as well!